## Snowmelter Invitational 2019

Schools attending: Sparta plus 4 more max

Cost: $\$ 100$ includes boys and girls both

Date: March 222019

Our goal is to get ALL of your kids out competing and multiple kids scoring for their team and give them multiple races. We believe that this setup will allow teams to find an event that their new kids might enjoy, and be good at, while still allowing for competition for your more experienced athletes.

Awards: To keep focus on the team aspect, we have a Team Championship trophy for boys and girls

Scoring: We will follow a MITCA Team State format for scoring
Varsity Relays-based on five teams competing $\quad 30-24-18-12-6$
Varsity Individual Events-based on five team competing-*more places if more teams
Each team will score a maximum of 3 individuals in every event but may run more!
$15-14-13-12-11-10-9-8-7-6-5-4-3-2-1$
All races will be seeded based on coach's best guess via entries on athletic.net. NT (no seed time) will result in a slower heat for athlete. COACHES PLEASE GIVE SEED TIME FOR ATHLETES.

Timing: Michiana Timing

Field Events unlimited entries-starting at 4pm Girls Shot Put, Pole Vault, High jump \& Long Jump; Boys Discus, High Jump, Long Jump \& Pole Vault (Boys and girls vault together)

- Throws done in flights- start with best seeds first-Four total throws 2 then 2 , no finals
- Open pit long jump Girls and Boys @ 4pm- 2 pits; Three jumps no finals

Pole Vault Starting Heights: 6 foot Raises: 1 foot increments

Boys and girls will vault together. Run throughs in the vault for boys at 11' and girls at 9'.

High Jump (2 pits)@ 4pm: Boys 4'10" Girls 3'10 Raises: 4- 3 inch raises then 2" raises

Start at 4pm

Field events-see above
Starting at 5pm

> 3200 meter Relay 110-meter High Hurdles 100-meter Dash
> 4x200-meter Relay 1600-meter Run 4x100-meter Relay 400-meter Dash
> 300-meter Intermediate Hurdles 800-meter Run 200-meter Dash 3200 meter Run 4x400-meter Relay

Relays Note: We will run JV relays with Varsity when possible so your experienced athletes can help your more inexperienced athletes. Each team is allowed one team in the scored Relays.

