Snowmelter Invitational 2019

Schools attending: Sparta plus 4 more max

Cost: \$100 includes boys and girls both

Date: March 22 2019

Our goal is to get ALL of your kids out competing and multiple kids scoring for their team and give them multiple races. We believe that this setup will allow teams to find an event that their new kids might enjoy, and be good at, while still allowing for competition for your more experienced athletes.

Awards: To keep focus on the team aspect, we have a Team Championship trophy for boys and girls

Scoring: We will follow a MITCA Team State format for scoring

Varsity Relays-based on **five** teams competing 30-24-18-12-6

Varsity Individual Events-based on **five** team competing-*more places if more teams Each team will score a maximum of 3 individuals in every event **but may run more!**

15-14-13-12-11-10-9-8-7-6-5-4-3-2-1

All races will be seeded based on coach's best guess via entries on athletic.net. NT (no seed time) will result in a slower heat for athlete. COACHES PLEASE GIVE SEED TIME FOR ATHLETES.

Timing: Michiana Timing

<u>Field Events</u> unlimited entries-starting at 4pm <u>Girls Shot Put, Pole Vault, High jump & Long Jump</u>; <u>Boys</u> Discus, High Jump, Long Jump & Pole Vault (Boys and girls vault together)

- Throws done in flights- start with best seeds first-Four total throws 2 then 2, no finals
- Open pit long jump Girls and Boys @ 4pm- 2 pits; Three jumps no finals

Pole Vault Starting Heights: 6 foot Raises: 1 foot increments

Boys and girls will vault together. Run throughs in the vault for boys at 11' and girls at 9'.

High Jump (2 pits)@ 4pm: Boys 4'10" Girls 3'10 Raises: 4-3 inch raises then 2" raises

Start at 4pm

Field events-see above

Starting at 5pm

3200 meter Relay
110-meter High Hurdles
100-meter Dash
4x200-meter Relay
1600-meter Run
4x100-meter Relay
400-meter Dash
300-meter Intermediate Hurdles
800-meter Run
200-meter Run
4x400-meter Run
4x400-meter Run

Relays Note: We will run JV relays with Varsity when possible so your experienced athletes can help your more inexperienced athletes. Each team is allowed one team in the scored Relays.