

**2018 Metea Valley Mustangs
Valley Track and Field Invitational**

- Date:** Saturday, April 7, 2018
- Start Time:** Field Events will begin at 10:00am
Running Event Finals will begin at 11:00am
- Teams:** Batavia, Hoffman Estates, Lockport, Metea Valley,
New Trier, Oswego, St. Charles East, Waubonsie Valley
- Awards:** Varsity: 1st – 6th place Medals individual events
1st – 3rd place medals and 4th – 6th place ribbons relays
1st place team plaque
JV: 1st - 6th place ribbons individuals and relays
1st place team plaque
- Scoring:** 10 - 8 - 6 - 4 - 2 - 1
- Entries:** 2 athletes per individual event and 1 relay on both the JV and Varsity levels. The meet will be FAT timed. You will make your entries at **www.athletic.net** Entries are currently open and entries will close at **7:00pm Thursday, April 5th.**

Meet Day Information

Packet Pick-up, Scratches:

Packets should be picked up on the infield at the finish line.
Scratches and replacements should be made by 9:00am.
You will NOT be able to add athletes on meet day.
Events will not be reseeded on meet day.
Please turn your relay sheets in at the same place as the packet pickup.

Coaches meeting:

There will be a coaches and event workers meeting at 9:00am by the finish line.

Team Camps: In the visitors (east side) stands. Tents will not be allowed in the stadium. All tents should be set up outside of the fence by the visitor stands. Athletes should remain in the stands or in the team camp unless competing.

****Please mention to your athletes that they should remain off of the football field and away from the finish line.**

Concession Stand: Located near the stadium main gates.

T-Shirts: We will be selling t-shirts through www.spiritcorner.com. They can be preordered this year so please distribute the attached handout to your team as needed.

Restrooms: Will be available on the south side of the concession stand.
Locker rooms will not be available.

Implement Weigh-in: Shot puts and discuses can be weighed from 8:30am-9:10am
at the stadium gates.

Athlete Check-in:

Field Events: at the event site

Running Events: get hip number from the south end zone and then
report to the bleachers.

Starting Heights: These will be determined by the 8th best effort entered in the
event.

Awards: Will be placed in envelopes for distribution and can be collected from the
press box at the conclusion of the meet.
Championship plaques will be presented on the track at the conclusion of
the meet.

Exchange Zones Judging:

4x100

1st: Lockport
Oswego

2nd: New Trier
Waubonsie Valley

3rd: Batavia
Hoffman Estates

4x200

1st and 3rd: St Charles East
New Trier

2nd: Hoffman Estates
Batavia

Please remember your exchange zone.

**We worked hard to make sure we had workers to cover everything else
throughout the meet. PLEASE do not forget to report when you are an exchange
zone judge.

Rain Date: There will be no rain date. Meet fees will be held until the following
year.

Contact:

If you have any questions please contact James Braun.

Emergency Cell: 630-408-9155

E-mail: james_braun@ipsd.org

School Phone: 630-375-5900

Time Schedule

10:00 am High Jump (Varsity First)
Pole Vault (Varsity First)

Long Jump: Both levels, one per runway
Triple Jump: At the conclusion of long jump
Shot Put: Varsity followed by JV
Discus: JV followed by Varsity
(3 jumps or throws prelims, top 8 to finals)

10:45 **3200m Run (JV Heat)**

Finals

11:00
4x800m Relay
4x100m Relay
3200m Run (Varsity Heat)
100m High Hurdles
100m Dash
800m Run
4x200m Relay
400m Dash
300m Low Hurdles
1600m Run
200m Dash
4x400m Relay

6th Annual Valley Track and Field Invitational T-Shirts

Have you ever been at a track meet and gone to buy a t-shirt only to find that they no longer have your size? Well, great news...

This year will be selling Invitational shirts for \$15. The company we are using, Spirit Corner, will be preselling the t-shirts on their website beginning a week prior to the meet. Please go to www.spiritcorner.com to guarantee that you get a t-shirt from the 6th Annual Valley Invitational and that it will be exactly the size you want. Only a limited number of shirts will be available the day of the meet so be sure to pre-order.

Also, Spirit Corner will be there selling all of their “blinged out” and fun track and field apparel and accessories that day so be sure to take a look!

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