



2nd Annual GRCC

Raider XC Invitational

Friday, September 22, 2017

Time: College: Men's 8K – 3:15pm / Women's 5K – 4:00pm
High School: Girls' 5k – 4:45pm / Boys' 5k – 5:30pm
Awards: College – 4:35pm / High School – 6:00pm

Location: **Riverside Park:** 2001 Monroe, NE. Grand Rapids, MI 49505

- A very flat and fast looped course just North of downtown Grand Rapids, adjacent to the Grand River.
- Easy parking for busses and team vans.
- Race shirts available for purchase on site (\$25).
- **AWARDS:** Team (Winning Teams) & Individual (Top-10)
- **MEET RECORDS:** College Men's 8k: 25:28 / Women's 5k: 18:42
High School Boys' 5k: 15:58 / Girls' 5k: 17:32

Cost: \$150.00 per team (unlimited entries) / \$300.00 mens/ womens
\$20.00 per unattached runner

Contact: Matt Sicilia: (616) 240-0702 / matthewsicilia@grcc.edu

Entries: www.athletic.net or www.directathletics.com

Deadline: Sunday, Sept. 17th @ midnight

Bring or Send checks payable to:

GRCC Cross Country

Attn: Athletics

143 Bostwick Ave., NE

Grand Rapids, MI 49503