



BENZIE CENTRAL PETE MOSS INVITATIONAL

August 29th 2015

2015 Schedule

Open Race 8:00 am – Medals top 10 male / top 10 female

Online pre-registration \$11.75 <http://michianatiming.com/registration/enter1.php?raceid=141>

Race day registration \$20.00

9:00 am – Varsity girls (small schools)	10:45 am – Varsity boys (large schools)
9:35 am – Varsity boys (small schools)	11:15 am – Junior Varsity girls (all)
10:10 am – Varsity girls (large schools)	12:00 pm – Junior Varsity boys (all)
10:30 - Small School Awards Ceremony (in stadium)	12:45 pm - Large School Awards Ceremony

RACE SCHEDULE

*To accommodate travel, **teams in the small school division** with 12 or fewer runners may opt to run their entire team in the varsity race, with only seven runners eligible to earn medals (in lieu of waiting for the JV race).*

Awards: 3 team plaques per division. 40 medals awarded in every race (up 10 from 2014)

JV medals handed out in the finish chute

Course: Known around the state as one of the fastest early season invitationals. Very competitive field along with a flat and fast course, make for fast early season times. Course runs through woods, along ball fields, and has an excellent, open start along with a long, open finishing stretch. This invitational has historically produced state champion teams and individuals, along with numerous All State runners year in and year out. **New additions for 2015: Music on course, misting tent @ finish area, 10 additional medals per race.**

Timing: Professionally timed by Michiana Timing

Cost: \$90 per team or \$180 for both boys/girls teams

Parking: \$5 person or \$10 max car. 100% proceeds from parking fund Benzie Central science college scholarships.

Note: Check in at the finish line immediately upon arrival. Course maps and timing chips may be picked up at this time.

Contact: Please feel free to contact Head Coach Asa Kelly kellya@benzieschools.net or 231-871-0509 OR Athletic Director John Judge judgej@benzieschools.net or 231-882-4497. We would be happy to help you work out accommodations in the area (camping, hotels, etc.) if you are looking to make it a weekend team event or help you coordinate with your current cross country camp.



<https://www.facebook.com/Benziecentralmossinvitational>



Visit and “like” for course map, video course preview, results, and many other updates

Meet Records:

Boys: Dathan Ritzenhein – Rockford (2000) 14:51 Girls: Julia Bos – GR Christian (2012) 17:26

Year	Women's - Red	Men's – Red	Women's - White	Men's - White
2014	Team – TC Central Ind. – Ashley Ko (TCC) 18:45	Team – GR Christian Ind. – Anthony Berry (TCC) 15:58	Team – Bear Lake Ind. – Jennie Gottardo (Hart) 19:27	Team - MCC Ind. – Zac Benham (MCC) 16:34
2013	Team – TC Central Ind. – Kali Dent (Midland Dow) 18:30	Team – TC Central Ind. – Kyle Dotterer (TCC) 15:55	Team – Bear Lake Ind. – Holly Bullough (TC St Francis) 18:12	Team – Evart Ind. – Zac Benham (MCC) 15:57
2012	Team – Traverse City Central Ind. – Julia Bos (GR Christian) 17:26	Team – Saginaw Heritage Ind. – Wuoi Mach (GR Christian) 15:50	Team – North Muskegon Ind. – Holly Bullough (TC St. Francis) 19:43	Team – Evart Ind. – David Zinger (Evart) 16:29
2011	Team – Benzie Central Ind. – Kelly Schubert (Manistee) 17:56	Team – Pinckney Ind. – Clark Ruiz (Big Rapids) 15:46	Team – North Muskegon Ind – Hannah Keyser (GTA) 20:12	Team – Evart Ind. – David Zinger (Evart) 16:08
2010	Team – Pinckney Ind. – Ali Wiersma (Allendale) 18:36	Team – Pinckney Ind. – Zac Meston (Pinckney) 16:32	Team - Bear Lake Ind. – Sarah Dick (NMC) – 21:04	Team - Evart Ind. – David Zinger (Evart) 17:19
2009	Team – Pinckney Ind. – Devan John (Allendale) 18:28	Team – Pinckney Ind. – Tanner Pesonen (Pinckney) 16:13	Team – Manton Ind. – Sonny Jenkins (Manton) 20:03	Team – Ida Ind. – Ben Wynsma (Suttons Bay) 16:38
2008	Team – Williamston Ind. – Kaitlyn Patterson (Cadillac) 18:42	Team – Williamston Ind. – Stephen Walker (Midland Dow) 16:12	Team – Manton Ind. – Stephanie Ingraham (Manton) 20:54	Team – Bear Lake Ind. – Alex Primeau (TC St. Francis) 17:49
2007	Team – Pine River Ind. – Krista Parks (East Kentwood) 19:08	Team – Pinckney Ind. – Brian Hankins (Pinckney) 15:51	Team – Kingsley Ind. – Kari Johnson (Central Lake) 20:03	Team – Hesperia Ind. – Ben Wynsma (Suttons Bay) 16:57
2006	Team – Rockford Ind. – Katie Haines (Rockford)	Team – Williamston Ind. – Matt Lutzke (Williamston) 16:08	Team – Kingsley Ind. – Marissa Treece (Glen Lake)	Team-Hesperia Ind. – Nick Swisher (Bear Lake) 17:04
2005	Team – Rockford Ind. – Rachel Wittum (Rockford) 18:37	Team – Williamston Ind. – Aaron Simoneau (Manistee) 15:58	Team – East Jordan Ind. – Marissa Treece (Glen Lake) 18:47	Team – Bear Lake Ind. – Chris Baier (Kingsley) 16:47
2004	Team – Rockford Ind. – Rachel Wittum (Rockford) 18:22	Team – Williamston Ind. – Mitch Zost (Allendale) 16:32	Team – TC St. Francis Ind. – Marissa Treece (Glen Lake) 19:17	Team – Bear Lake Ind. – Zack Jones (Pine River) 16:38
2003	Team – Rockford Ind. – Nikki Bohansack (Rockford) 18:02	Team – Rockford Ind.- David Bills (Williamston) 16:09	Team- Elk Rapids Ind. – Cassidy Edwards (Glen Lake) 20:03	Team- Bear Lake Ind. – Chris Baier (Kingsley) 17:18
2002	Team – Rockford Ind. – Nicole Bush (Kellogsville) 18:31	Team – Rockford Ind. – Matt Wish (Rockford) 15:56	Team – Clare Ind. – Cassidy Edwards (Glen Lake) 19:37	Team – Meridian Ind. – Stephan Shay (Central Lake) 16:23
2001				
2000	Team – Rockford Ind. – Kalin Toedebusch (Rockford) 18:06	Team – Rockford Ind. – Dathan Ritzenhein (Rockford) 14:51		

Benzie County Area Information and Suggestions

Staying or live nearby in the area? Below are some options for entertainment and dining for the weekend.

Entertainment

Bayou on the Bay (see attached poster): Blues & Zydeco Picnic in the Park. Casual blues festival with lots of music and Cajun food right on the bay in Frankfort. Runners' families can enjoy lunch in town or come to the festival for authentic Louisiana cuisine (made with local ingredients) or enjoy a beer/wine/mead. Admission is \$20, ages 14-18: \$10, 13 and under free. Music ends at 11pm.

Silent Disco Teen Party (see attached poster): This is part of the festival, only separating kids from parents via a giant tent, party lights and headphones. Admission is included with the festival entry of \$10. The poster includes information for runners if they want to hang out downtown or on the beach during the day while parents relax in the park. Teen party starts after 9:30pm.

Beulah Beach – Downtown Beulah. Grassy park and pavilion perfect for picnic. Restrooms, playground, small boardwalk. Short walk to downtown restaurants, ice cream, shopping.
Dining

Frankfort Beach – Park and picnic tables nearby. Nice, walkable pier. Beach volleyball courts. Large downtown with many shops, restaurants, and ice cream.

Riverside Canoes / Honor Trading Post – Canoe, kayak, and tubing rentals

Sleeping Bear Dunes – Trails, dune climb, beaches

Mini-Golf – Crystal Falls (US 31, Benzonia), Dairy King Ice Cream & Mini Golf (US 31, Beulah)

Dining

Pizza – A. Papanos (Beulah / Frankfort – dine in available), Stapletons (Benzonia- take out), Papa J's 50's diner (Honor–dine in)

Ice Cream – Hilltop Soda Shoppe (homemade – Benzonia), Blue Caribou (homemade – Beulah), Cool Spot (Frankfort), The Scoop (Frankfort), Papa J's (Honor), Jomos (Honor), Dairy King (Beulah), Kilwins (Frankfort)

Sandwiches etc. – L' Chayim deli (Beulah), Eastshore Market (Beulah), Hungry Tummy (Beulah), Blue Caribou (Beulah), Papa Js (Honor), Platte River Inn (Honor), Dinghys (Frankfort), A&W (Frankfort), Bayview Grill (Frankfort), Subway (Benzonia & Frankfort), Cherry Hut (Beulah)

Camping

Turtle Lake Campground – Cinder rd., Honor

Timberline Campground – US 31, Benzonia

Vacation Trailer Park – US 31, Benzonia

Veterans State Forest Campground – US 31, Honor

Lake Ann Campground – Reynolds Rd., Lake Ann

Platte River State Forest Campground – Goose rd, Honor

Sleeping Bear Dunes campgrounds – Platte River (Honor) and DH Day (Glen Arbor)