

**WEST OTTAWA – VON INS RELAYS  
BOYS – DIVISION 1 MEET RECORDS**

<u>FIELD EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
HIGH JUMP	WEST OTTAWA	12' 11"	1981
LONG JUMP	OTSEGO	43' 7"	1983
SHOT PUT	PORTAGE NORTHERN	112' 8.75"	2001
DISCUS	BYRON CENTER	335' 8"	2011
POLE VAULT	HOLLAND	27' 6"	1991
<u>RUNNING EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
12,800M RELAY	HOLLAND	39:16.5	1978
1,600M RELAY	UNITY CHRISTIAN	3:24.2	1984
400M RELAY	MUSKEGON CATHOLIC	:43.2	1981
SHUTTLE HURDLES	EAST KENTWOOD	:58.8	1987
DISTANCE MEDLEY	G. R. SOUTH CHRISTIAN	10:33.3	1976
SPRINT MEDLEY	WEST OTTAWA	1:36.5	2004
<b>*3,200M RELAY</b>	GRANDVILLE	<b>8:07.2</b>	<b>1975*</b>
800M RELAY	MUSKEGON CATHOLIC	1:30.1	1981

**PREVIOUS CHAMPIONS**

<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>	<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>
1967	WEST OTTAWA	58	1992	EAST KENTWOOD	100
1968	KALAMAZOO HACKETT	68	1993	EAST KENTWOOD	86
1969	WYOMING PARK	72	1994	GRANDVILLE	86
1970	WYOMING PARK	71	1995	EAST KENTWOOD	96
1971	WEST OTTAWA	42	1996	EAST KENTWOOD	87
1972	GRANDVILLE	45.5	1997	EAST KENTWOOD	90
1973	JENISON	56	1998	EAST KENTWOOD	84
1974	GRANDVILLE	56	1999	EAST KENTWOOD	81
1975	GRANDVILLE	56	2000	WEST OTTAWA	92
1976	WYOMING PARK	42	2001	PORTAGE NORTHERN	72
1977	MUSKEGON HEIGHTS	54	2002	EAST KENTWOOD	88
1978	HOLLAND	69	2003	EAST KENTWOOD	98
1979	WEST OTTAWA	104	2004	WEST OTTAWA	86
1980	WEST OTTAWA	75	2005	WEST OTTAWA	87
1981	WEST OTTAWA	74	2006	WEST OTTAWA	90
1982	MUSKEGON OAKRIDGE	64	2007	WEST OTTAWA	71
1983	EAST KENTWOOD	67	2008	GRAND HAVEN	86
1984	MUSKEGON OAKRIDGE	61	<b>2009</b>	<b>HASTINGS</b>	<b>106*</b>
1985	GRAND HAVEN	78	2010	HASTINGS	101
1986	EAST KENTWOOD	67		ZEELAND WEST	101
1987	EAST KENTWOOD	67	2011	GRAND RAPIDS CHRISTIAN	77
1988	HOLLAND	68	2012	GRAND RAPIDS CHRISTIAN	98
1989	EAST KENTWOOD	81	2013		
1990	EAST KENTWOOD	77.5	2014		
1991	EAST KENTWOOD	102	2015		

**MOST CHAMPIONSHIPS:** EAST KENTWOOD (15) – WEST OTTAWA (10) – GRANDVILLE (4) – WYOMING PARK (3) – GRAND HAVEN (2) – HASTINGS (2) – HOLLAND (2) – MUSKEGON OAKRIDGE (2) – GRAND RAPIDS CHRISTIAN (2) – JENISON (1) – KALAMAZOO HACKETT (1) – MUSKEGON HEIGHTS (1) – PORTAGE NORTHERN (1) — ZEELAND WEST (1)

**MOST CONSECUTIVE CHAMPIONSHIPS:** EAST KENTWOOD (5) TWICE – WEST OTTAWA (4) – WEST OTTAWA (3) – EAST KENTWOOD (2) TWICE – GRANDVILLE (2) – WYOMING PARK (2) – GRAND RAPIDS CHRISTIAN (2) - HASTINGS (2)

**\*LARGEST SCORE:** 106 POINTS – HASTINGS – 2009

**\*OLDEST RECORD:** GRANDVILLE – 3,200M RELAY – **8:07.2** – 1975

**WEST OTTAWA – VON INS RELAYS  
BOYS – DIVISION 2 MEET RECORDS**

<u>FIELD EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
HIGH JUMP	EAU CLAIRE	13' 7"	1993
LONG JUMP	CALVIN CHRISTIAN	42' 4.5"	2010
SHOT PUT	ALLENDALE	115' 5.75"	2009
DISCUS	ALLENDALE	299' 9"	2009
POLE VAULT	CALVIN CHRISTIAN	26' 8"	2011

<u>RUNNING EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
<b>*12,800M RELAY</b>	<b>BIG RAPIDS</b>	<b>39:50.7</b>	<b>1989*</b>
1,600M RELAY	WEST CATHOLIC	3:23.7	2011
400M RELAY	EAU CLAIRE	:43.9	1993
SHUTTLE HURDLES	WEST CATHOLIC	1:01.4	1995
DISTANCE MEDLEY	WEST CATHOLIC	10:49.8	2008
SPRINT MEDLEY	ZEELAND WEST	1:36.6	2009
3,200M RELAY	FREMONT	8:16.0	2008
800M RELAY	NEWAYGO	1:31.8	2010

**PREVIOUS CHAMPIONS**

<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>	<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>
1989	MUSKEGON OAKRIDGE	83	2003	MUSKEGON OAKRIDGE	80.5
1990	ALLEGAN	95	2004	WEST CATHOLIC	90
1991	WAYLAND	83	2005	WEST CATHOLIC	94
1992	CALVIN CHRISTIAN	85	<b>2006</b>	<b>WHITEHALL</b>	<b>110*</b>
	WEST CATHOLIC	85	2007	WHITEHALL	95
1993	CALVIN CHRISTIAN	86.5	2008	ZEELAND WEST	92
1994	NEWAYGO	90	2009	ZEELAND WEST	106
1995	NEWAYGO	99	2010	WHITEHALL	100
1996	WHITEHALL	105	2011	ZEELAND WEST	83
1997	WHITEHALL	91	2012	ZEELAND WEST	94
1998	MANISTEE	79	2013		
1999	WHITEHALL	83	2014		
2000	WHITEHALL	108	2015		
2001	RAVENNA	91	2016		
2002	MUSKEGON OAKRIDGE	91			

**MOST CHAMPIONSHIPS:**

WHITEHALL (7) – MUSKEGON OAKRIDGE (3) — WEST CATHOLIC (3) – ZEELAND WEST (4) – CALVIN CHRISTIAN (2) – NEWAYGO (2) – ALLEGAN (1) – MANISTEE (1) – RAVENNA (1) – WAYLAND (1)

**MOST CONSECUTIVE CHAMPIONSHIPS:**

CALVIN CHRISTIAN (2) – MUSKEGON OAKRIDGE (2) – NEWAYGO (2) – WEST CATHOLIC (2) – WHITE HALL (2) 3 TIMES – ZEELAND WEST (2) TWICE

**\*LARGEST SCORE:** 110 POINTS – WHITEHALL – 2006

**\*OLDEST RECORD:** BIG RAPIDS – 12,800M RELAY – 39:50.7 – 1989

**WEST OTTAWA – VON INS RELAYS  
GIRLS – DIVISION 1 MEET RECORDS**

<u>FIELD EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
HIGH JUMP	BIG RAPIDS	10' 6"	1986
LONG JUMP	MUSKEGON HEIGHTS	33' 11"	1983
SHOT PUT	ZEELAND EAST	81' 5"	2007
DISCUS	ZEELAND EAST	247' 10"	2007
POLE VAULT	GRAND HAVEN	20' 0"	2011

<u>RUNNING EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
6,800M RELAY	MONA SHORES	23:18.1	1990
1,600M RELAY	GRAND HAVEN	4:03.7	2009
400M RELAY	MUSKEGON HEIGHTS	:49.8	1984
*SHUTTLE HURDLES	WEST OTTAWA	1:07.2	1982*
DISTANCE MEDLEY	JENISON	12:51.5	1996
SPRINT MEDLEY	GRAND HAVEN	1:54.3	2008
3,200M RELAY	JENISON	9:59.2	1995
800M RELAY	MUSKEGON HEIGHTS	1:44.8	1984

**PREVIOUS CHAMPIONS**

<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>	<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>
1982	WYOMING PARK	57	2000	WEST OTTAWA	84
1983	EAST KENTWOOD	77	2001	GRAND HAVEN	77
1984	EAST KENTWOOD	84.5	2002	GRANDVILLE	70
1985	EAST KENTWOOD	80	2003	GRANDVILLE	100
1986	WEST OTTAWA	67	2004	WEST OTTAWA	87
1987	GRAND HAVEN	86	2005	GRAND HAVEN	71
1988	GRANDVILLE	65	2006	GRAND HAVEN	66
1989	GRANDVILLE	77		KENOWA HILLS	66
1990	WEST OTTAWA	78	2007	GRAND HAVEN	99
1991	GRANDVILLE	93	2008	GRAND HAVEN	101
1992	WEST OTTAWA	90	2009	GRAND HAVEN	121*
1993	JENISON	75	2010	HASTINGS	92
1994	JENISON	116	2011	GRAND RAPIDS CHRISTIAN	90
1995	JENISON	93	2012	GRAND RAPIDS CHRISTIAN	84
1996	JENISON	97	2013		
1997	WEST OTTAWA	97	2014		
1998	WYOMING PARK	109	2015		
1999	WYOMING PARK	91	2016		

**MOST CHAMPIONSHIPS:**

GRAND HAVEN (7) – WEST OTTAWA (6) – GRANDVILLE (5) – JENISON (4) – EAST KENTWOOD (3) – WYOMING PARK (3)  
– GRAND RAPIDS CHRISTIAN (2) – HASTINGS (1) – KENOWA HILLS (1)

**MOST CONSECUTIVE CHAMPIONSHIPS:**

GRAND HAVEN (5) – JENISON (4) – EAST KENTWOOD (3) – GRANDVILLE (2) TWICE – GRAND RAPIDS CHRISTIAN (2) – WYOMING PARK (2)

**\*LARGEST SCORE:** 121 POINTS – GRAND HAVEN – 2009

**\*OLDEST RECORD:** WEST OTTAWA – SHUTTLE HURDLES – 1:07.2 – 1982

**WEST OTTAWA – VON INS RELAYS  
GIRLS – DIVISION 2 MEET RECORDS**

<u>FIELD EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
HIGH JUMP	MANISTEE	10' 2"	1995
LONG JUMP	CALVIN CHRISTIAN	35' 4.5"	1995
SHOT PUT	MANISTEE	70' 8.5"	2000
DISCUS	CALVIN CHRISTIAN	222' 5"	1991
POLE VAULT	WEST CATHOLIC	21' 3"	2010

<u>RUNNING EVENTS</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
6,800M RELAY	ALLENDALE	23:13.8	2010
1,600M RELAY	ROGERS	4:06.8	2001
400M RELAY	CALVIN CHRISTIAN	:51.3	2005
<b>*SHUTTLE HURDLES</b>	ALLEGAN	1:09.1	<b>1990*</b>
DISTANCE MEDLEY	ALLENDALE	12:40.8	2010
SPRINT MEDLEY	ALLENDALE	1:51.6	2005
3,200M RELAY	ALLENDALE	10:01.1	2010
800M RELAY	ROGERS	1:48.3	2000

**PREVIOUS CHAMPIONS**

<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>	<u>YEAR</u>	<u>SCHOOL</u>	<u>POINTS</u>
1989	CALVIN CHRISTIAN	106*	2003	HAMILTON	74
1990	CALVIN CHRISTIAN	85	2004	GRANT	88
1991	CALVIN CHRISTIAN	91	2005	CALVIN CHRISTIAN	90
1992	WAYLAND	98	2006	CALVIN CHRISTIAN	95
1993	WAYLAND	99	2007	WEST CATHOLIC	99
1994	CALVIN CHRISTIAN	98	2008	WEST CATHOLIC	103
1995	MANISTEE	75	2009	ZEELAND WEST	103
1996	CALVIN CHRISTIAN	94	2010	WEST CATHOLIC	96
1997	CALVIN CHRISTIAN	94	2011	HAMILTON	106*
1998	CALVIN CHRISTIAN	88	2012	ZEELAND WEST	91
1999	WHITEHALL	88	2013		
2000	RAVENNA	84	2014		
2001	RAVENNA	90	2015		
2002	WHITEHALL	89	2016		

**MOST CHAMPIONSHIPS:**

CALVIN CHRISTIAN (9) – WEST CATHOLIC (3) – HAMILTON (2) – RAVENNA (2) – WAYLAND (2) — WHITEHALL (2) – ZEELAND WEST (2)  
GRANT (1) – MANISTEE (1)

**MOST CONSECUTIVE CHAMPIONSHIPS:**

CALVIN CHRISTIAN (3) TWICE – CALVIN CHRISTIAN (2) – RAVENNA (2) – WAYLAND (2) – WEST CATHOLIC (2)

**\*LARGEST SCORE:** 106 POINTS – CALVIN CHRISTIAN – 1989; HAMILTON - 2011

**OLDEST RECORD:** ALLEGAN – SHUTTLE HURDLES – 1:09.1 – 1990